



# Supporting Neurodiverse Students in Education & University

Onyinye Udokporo



# What to expect in today's session

Onyinye's lived experience

Research on neurodiverse students

An exploration of assistive technology

5 takeaways



# About Onyinye

**Award Winning Entrepreneur**

**Educator**

**Published Dyslexic Author**

**Neurodiversity Consultant**

**Content Creator**

# Onyinye's clients include...



Google



BBC



Marriott  
INTERNATIONAL



Microsoft



Unilever



TRANSPORT  
FOR LONDON  
EVERY JOURNEY MATTERS



KPMG



the  
guinness  
partnership

# Educational institutions Onyinye works with includes...



# Life as a neurodivergent student was challenging

- Challenges with reading and writing
- Struggles with meeting deadlines, needing extra time due to slower processing speed
- Coping with anxiety
- Dealing with low self-esteem
- Putting in extra effort to maintain organisation
- Masking all of the above



# Research on neurodiverse students in the classroom



## Difficulties with Traditional Teaching Approaches

Keep your educational content stimulating and varied.



## Challenges in Organisational and Time Management

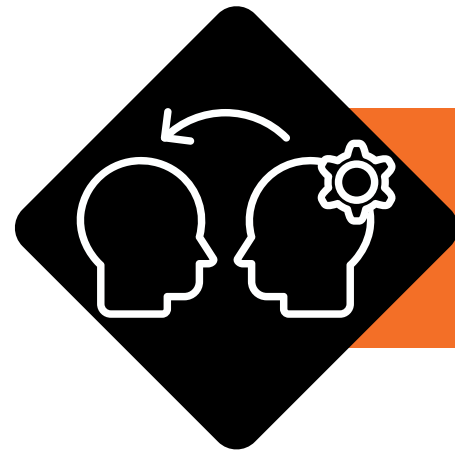
Use assistive technology tools to help track time and progress of a task.



## Sensory Overload and Environmental Distractions

Be aware of the things in the classroom that can cause sensory overload.

# Transitioning from surviving to thriving



## Coaching

Coaches offer personalized support to neurodiverse students, enhancing focus, time management, and organisation skills. This assistance aids in overcoming academic challenges, boosting self-confidence, and achieving goals. By fostering positive relationships, coaches help leverage unique abilities for success.

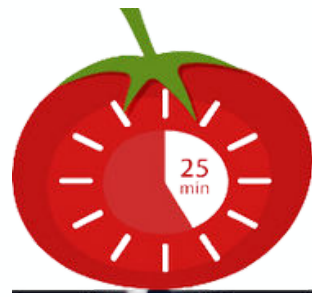


## Assistive Technology

Assistive technology benefits neurodiverse students by accommodating their learning needs through tools like text-to-speech for dyslexia, speech-to-text for writing difficulties, and organizational apps for ADHD. These tools enhance learning, improve time management, and boost academic success and self-confidence.



# Onyinye's recommended assistive technology tools



## Pomodoro Timer

Set your timer for 25 minutes, and focus on a single task until the timer rings. When your session ends, mark off one pomodoro and record what you completed.



## Ayoa

Ayoa provides learners with a comprehensive solution for assignment planning, task management, collaboration, and organisational skills improvement through modern mind mapping and planning tools.



## Texthelp

Texthelp provides tools for individuals with reading, writing, and literacy challenges, including those with dyslexia and ADHD. Their products include Read&Write for literacy support, EquatIO for math equations, and Fluency Tutor for reading improvement.



## Microsoft Word

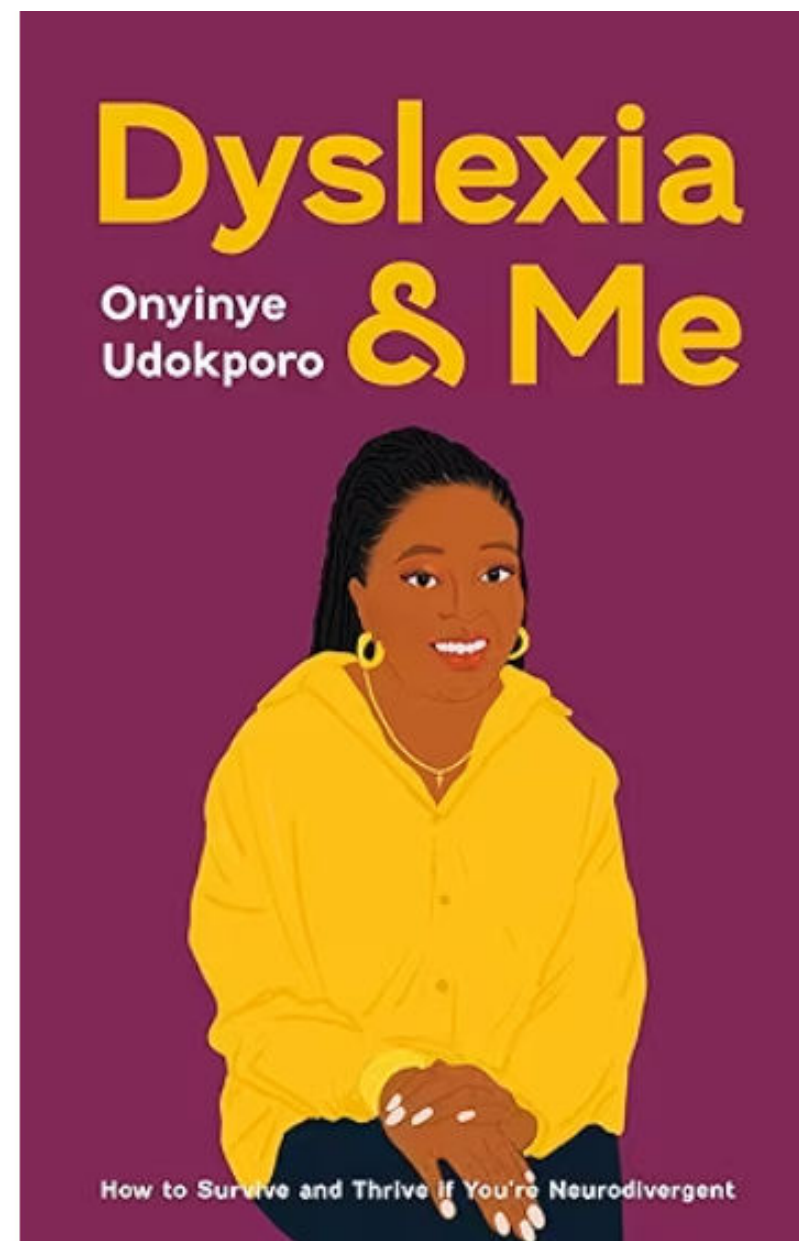
Microsoft Word includes features like text-to-speech, speech-to-text, and various accessibility options to support users with different needs, making it a versatile tool for a wide range of users, including neurodiverse students.

# 5 Key takeaways



- 1 Vary your teaching style**
- 2 Create a structured environment**
- 3 Incorporate assistive technology**
- 4 Foster a supportive atmosphere**
- 5 Provide clear and concise instructions**

# Dyslexia and Me: How to Survive and Thrive If You're Neurodivergent



In this book, rising star entrepreneur Onyinye Udokporo shares her story of growing up dyslexic in a society where neurodivergence was always presented as a white male issue.

Onyinye discusses her experience of being diagnosed at 11 years old, starting a business the following year, gaining a scholarship to a prestigious boarding school and going on to complete two degrees by the age of 22, while also being honest about the difficulties she faced throughout including with bullying and anxiety. She shares the tips she picked up over the years for thriving with dyslexia and the strategies she used to overcome her difficulties in reading and writing well, staying organised and speaking with confidence.

Illuminating wider issues of systemic racism in the educational sector and providing a timely reminder that dyslexia can be found in any community and culture, this is an empowering story of surviving and thriving in the face of adversity.

Follow Onyinye on social media for more insights on Neurodiversity

**Onyinye Udokporo** 

**@onyinye.udokporo** 

# Thank You

## For Your Attention

If you'd like to work with Onyinye, email her team at  
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Visit Onyinye's Website  
**[www.onyinyeudokporo.com](http://www.onyinyeudokporo.com)** 

